

## Risk Assessment - Hike

Hazard	Who might be harmed?	Control Measures
Sun / heat exhaustion	Individual	<p>Group are reminded of the need to wear suitable clothing and sun protection</p> <p>Group are reminded of the need to drink plenty of fluids especially when undertaking strenuous activities.</p> <p>Groups are reminded to bring water or cold drinks with them during hot periods</p>
Presence of water – drowning	Explorers / Scouts / Leaders	<p>Extra vigilance by group, reminder not to walk next to water edges</p> <p>Avoid river crossings</p>
Fall / Tripping	Explorers / Scouts / Leaders	<p>Tight group management Activity Briefing /</p> <p>Suitable route choice Instruct group of care in</p> <p>Foot placement in places. Remind group of</p>
Cold / Hypothermia	Individual	<p>Importance of sensible pace and keeping together.</p> <p>Group are reminded of the need to wear adequate clothing, especially when they are cold or tired.</p> <p>Groups are reminded to bring flask of hot drink / soup with them during cold periods</p>
Parents wish to contact Scout / Leaders	All involved	<p>Home contact details provided to parents prior to hike.</p> <p>The following numbers will be provided to parent and home contact prior to camp:</p>
Incident requiring first aid	All involved	<p>Mobile telephone number (not 24/7)</p> <p>Personal first aid kits form part of kit list.</p> <p>Leaders have first aid certificates.</p> <p>Hospital located at .....</p>
Hospitalisation	All involved	<p>Documented plans provided to home contact contain agreed actions plans and names and details of all participants.</p> <p>Sufficient Leaders on site to both attend hospital and return party to hut</p>
Emergency incident management	All involved	<p>The hike run with 2 Leaders at any time</p> <p>Management of information with Home contact.</p>
Hike	All involved	<p>A home contact is appointed for this event.</p> <p>Scouts will carry agreed route card and Identity cards issued containing contact phone / mobile numbers.</p> <p>Each group will demonstrate an understanding of the route from the route card prior to departure.</p> <p>Safety talk provided to all scouts prior to hike.</p> <p>Patrols will wear / carry appropriate clothing / equipment depending on the prevailing terrain and weather conditions.</p> <p>Participants will wear fluorescent jackets throughout the hike, to</p>

Walking on public footpaths which cross farm land	All involved	<p>aid visibility. Do not approach animals in fields.</p> <p>If animals are in the field the party leader is to assess the risk, even though farmers are not meant to put dangerous animals in fields which are crossed by public footpaths</p> <p>Follow new country code and leave gates as you found them</p> <p>Do not touch or go near any farm machinery in fields</p>
Disturbance of flora, fauna and surrounding area	All involved	<p>Do not touch or go near chemical or any other containers in fields</p> <p>All member of the party to be informed how to minimise their impact on the environment of the area they will be working in by following the basic rules below</p> <ul style="list-style-type: none"> <li>○ Do not pick wild flower</li> <li>○ Do not leave any litter</li> <li>○ Keep noise to a minimum</li> <li>○ Keep to recognised paths</li> </ul>
Sheep ticks – Lymes disease	All involved	<p>Following the country code Advise group to wear long trousers / socks / avoid</p>
Injury from unsafe structures	All involved	<p>contact with sheep Advise group to avoid derelict structures, ensure aware of risks of buildings collapsing</p>
Date of Assessment		Signature

Richard Coghlan (Cogy)  
Explorer Scout Commissioner